

## SHOOTING DATA CAMP



POWERED BY



### PROGRAM

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## JUNIOR - 5 DAYS

### DAY 1

Morning: Welcome and range training with the coach  
Afternoon: Range training with the coach

### DAY 2

Morning: Physical training - range training with the coach  
Afternoon: Range training with the coach - deep-dive: nutrition

### DAY 3

Morning: Physical training - range training with the coach  
Afternoon: Range training with the coach - deep-dive: ballistics

### DAY 4

Morning: Deep-dive: psychology on the range  
Afternoon: Competition - debrief - diploma awarding

### DAY 5

Visit of some interesting touristic spots close to the range

