

SHOOTING DATA CAMP



POWERED BY



PROGRAM

SHOOTING DATA CAMP

SENIOR - 5 DAYS

DAY 1

Morning: Welcome and range training with the coach
Afternoon: Range training with the coach

DAY 2

Morning: Physical training - range training with the coach
Afternoon: Range training with the coach - deep-dive: nutrition

DAY 3

Morning: Range training with the coach - deep-dive: ballistics
Afternoon: Deep-dive: psychology on the range - range training with the coach - debrief - diploma awarding

DAY 4 - DAY 5

Participation in the Beretta Gold Cup

DAY 6

Morning: Visit of Fabbrica d'Armi Pietro Beretta S.p.A.

